THE DESIRE DETECTOR: How To Read Him Instantly And Know What He REALLY Wants From You...

WITH CARLOS CAVALLO

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UP FRONT RULES:

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1) Immature and forced vs. GETTING RESULTS

We are going to be all about getting results. If you want him, I'll show you how to get him

without compromising your values, your dignity, or your lifestyle

Do your best to make "tactics" into "reality"

EXAMPLE: the Facebook Trick (later)

2) You get the unfair advantage!

Life is unfair. We know that. So we can put that to use, so that YOU get the benefit for once, instead of feeling ripped off.



3) Always a WIN-WIN!

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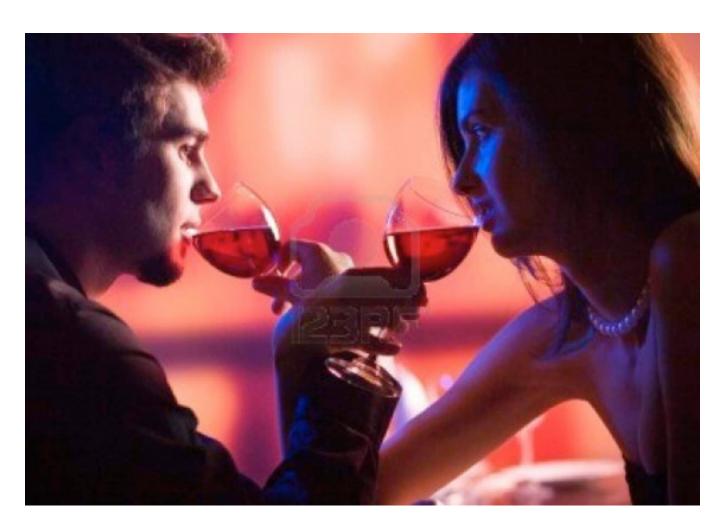
4) DON'T OVER INTERPRET

Best way to read him is to ACT in a way that makes him think what you WANT him to!

It's perfectly natural and normal for women to read too much into a guy's behavior.

We start to look for reasons to avoid risking our heart.

My advice for men = Stop reading actions, and start MAKING her attracted and interested in you.



I would recommend the same for you. Stop being passive; be active.

5) If he's there, he's interested. And that's your hook point.

He's probably just guarding himself.

REMEMBER: Men don't want to make the move any more than women do. But we are expected to do so.

The Golden Rule: You can have anything you want in life if you just help enough OTHER people get what they want.

We are all, by nature selfish. This is neither "good" nor "bad." It just IS.

When you start getting into "But why? Can't we change? Can't we defy our nature?"

You run into immeasurable pain and suffering in life, constantly fighting the current.

My answer is: You can either change the world, or you can change yourself. Which is more likely?



Which involves less effort?

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6) Pushing, prodding, poking, etc - DO NOT WORK. They turn you into a pest, an annoyance, a needy girl. And think about it, where do these actions come from?

That's right. Insecurity. You wanting to make things more emotionally stable for yourself. Not for him.

(Though you will certainly imagine that this is for the good of the "relationship".)

Therefore, your SINGLE biggest advantage is the skill of NOT doing this!

That's right finding a way to simply avoid the mistakes that most guys read as "Oh NO! She's one of THOSE!" That sends them running.



I'll explain more about how you avoid that self-sabotage later...

But this leads me to #7...

7) If you have an overwhelming urge to act - that's exactly when you should definitely NOT act!

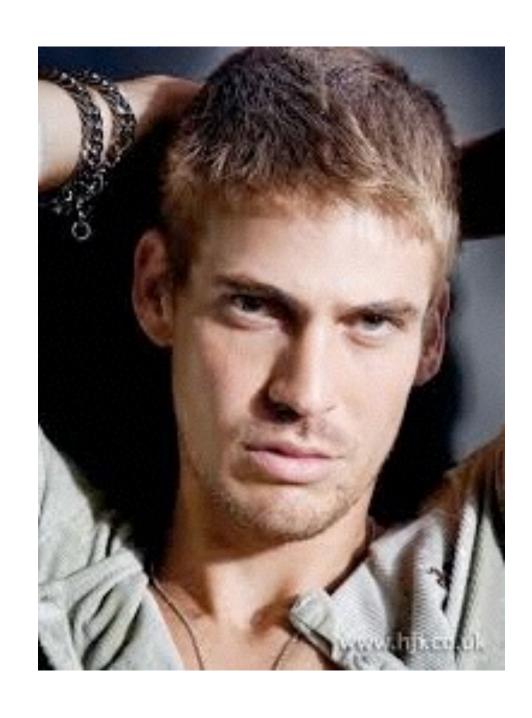
You're acting from the false urgency of an EMOTION - and the need to escape some inner pain.

AND resolve an uncertainty or sense of insecurity from not knowing where you stand.

Especially for a relationship of less than three months, or in any relationship where you haven't had "the talk". If you have this urge, sleep on it.

Then if you still feel like sending a message in the morning, go for a run, go to the gym, do absolutely anything you need to do to distract yourself.

He will NEVER break up or pull away from you because he doesn't know how YOU feel. He will only do this when he feels like he knows too much already about how you feel.



Men chase what we haven't caught. PERIOD.

End of story.

So, let's start with the concept of MIXED SIGNALS, which is what most women think is happening with men they need to "read" in some way.

Mixed signals are the difference between what you want to see from him, and what he actually does.

Mixed signals don't actually exist.
Rather, they arise when there is a difference between what someone wants to happen, and what is actually happening.

You see everything through a lens of "He secretly likes me, He's just afraid to show it".

If you find yourself saying: "it wasn't what He said, it was how He said it" or "You weren't there, you don't know!" or "But he replied like, really fast".



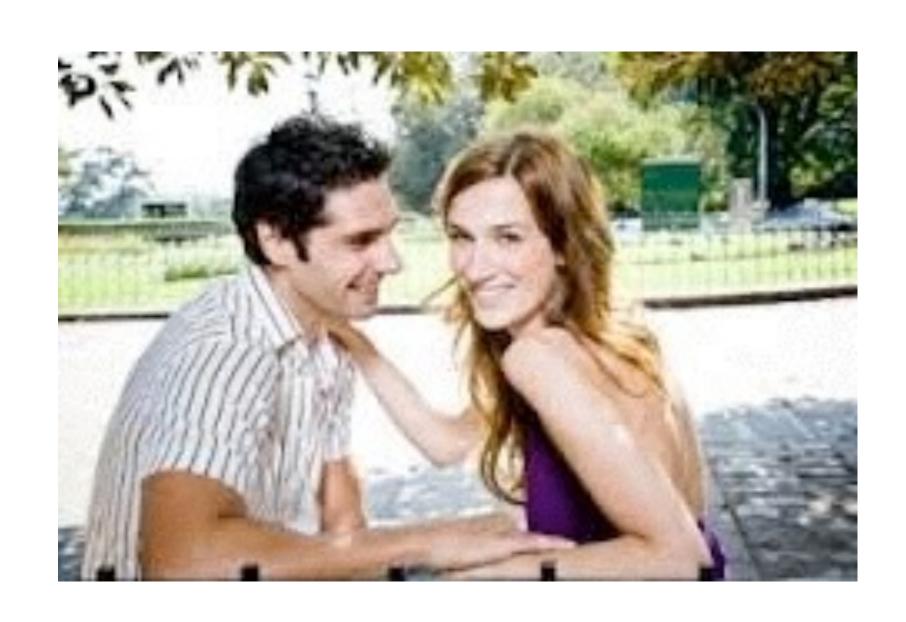
You need to stop that. You're playing head games with yourself.

Men aren't really capable of generating hidden meanings and they don't understand subtlety.

Look at Advertising aimed at men. It's still focussed on boobs, butts, and beer.

Men are NOT women. We do not hide things under layers of "get along" obfuscation. Men mean exactly what they say when they say it. We may lighten it up, soften it, but we'll usually just say it.

Men simply don't play a bunch of relationship head games. We don't have the patience or the capacity.



MIXED SIGNALS INDICATE:

He's attracted, but confused. Possibly nothing to do with you.

Most men have little to no understanding of women, and wing it. They are looking to lock down the first safe option they can.

But, since they never got enough experience, they're still looking for greener grass.

Keep in mind that in a man's mind, all women are a "maybe." The more physically attractive he finds her, the more she is a YES.

When in doubt, give him MORE SPACE than you want to. All romances are a push-pull dynamic.

When he's pushing to have you, you pull away. When you push, he will pull away.

And the cycle begins anew.



You should always be in his sphere of awareness, but just out of reach.

Think of how a cat plays with a toy.

The more you make him a "maybe" - the harder he will work to be your "YES."



FACEBOOK TRICK:

The next time you go out and have fun, get a bunch of pictures. Look attractive. Look like you're having fun. Look interesting.

Look like you have male friends who seem to be enjoying your company.

Look like a girl that any sane guy would obviously want to hang out with.

And then post it to Facebook in an ambiguous way. Let HIS imagination play with it.

Men NEED competition to bring out their best.



Immature? Nope.

Unfair? YEP. Unfair advantage for you.

So be it. If this guy is not interested, then it won't make any difference. But if he's just distracted by life and/or other girls...

this could be the thing to remind him of what he's missing, and to get back in touch.

When you are interacting with him, your goal should be to leave him wanting to interact with you more.

PERIOD!



You can do this just by showing all of your awesome attractive qualities.

AND by not letting his mixed signals bring out your insecure. passive aggressive. anxious. neurotic. guarded side.

This is how most women mess it up! They let their emotions get the better of them, and freak out.

So let's talk about the ways you CAN read a man - and the HEALTHY ways.

There's a ton you can learn from him based on signals he gives you, and I'm going to deliver on that now.



Read his Interests:

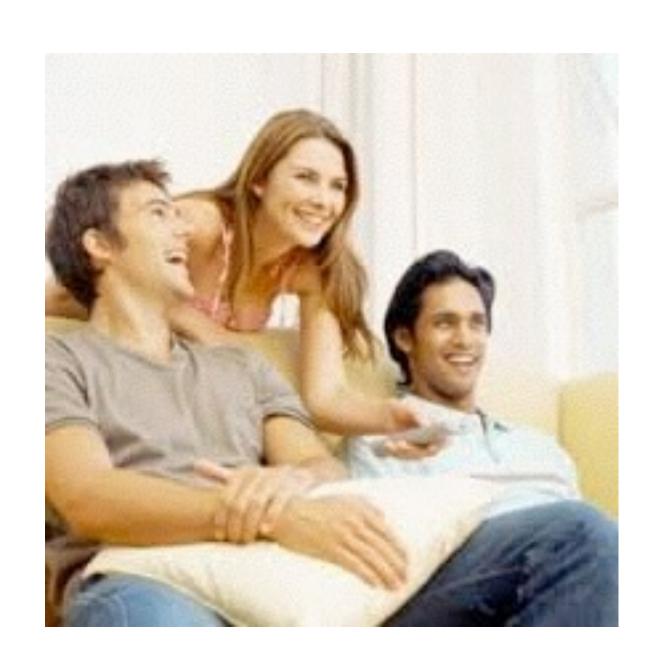
What kind of sports is he into?



Solo sports indicate an introspective guy - runners & swimmers. He is also probably independent and enjoys his privacy.

Mainstream sports indicate a competitive edge. And if he likes playing them, more so. His affinity for playing with other guys is probably a social drive.

Not into sports? Probably sensitive and even more introspective. Independent thinker. (Me!)



Read his friends:

If he's been with them for a while, you can bet he's a loyal guy, but probably not into changing much.

If he's got friends from everywhere, a variety - he's a social guy with an affinity for adapting to new situations and people.

Read his Tells:

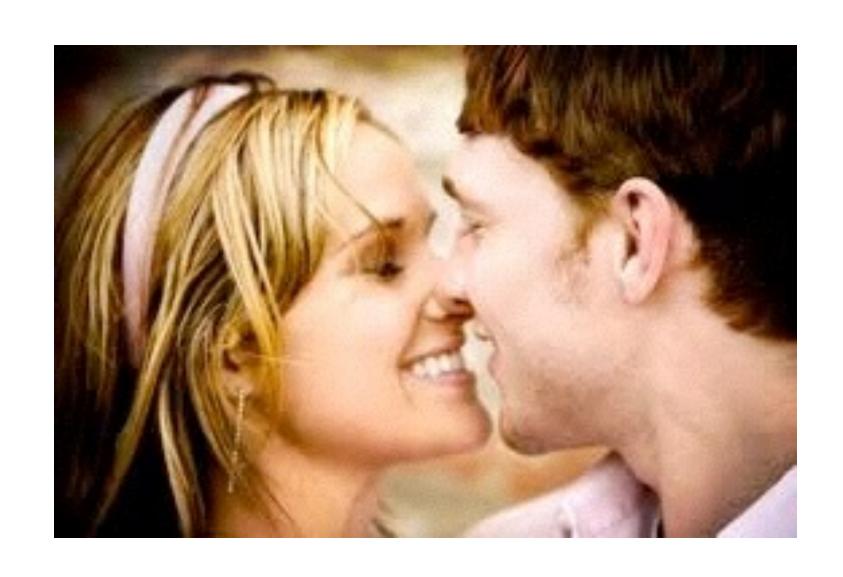
Is he a gambler? Probably into wild emotional ups and downs, and can handle risk. BUT could be unrealistically optimistic also.

Chemicals: Gauge whether they are a crutch or an infrequent escape.

Does he explore on the menu, or go with what he usually gets? This will tell you about his taste for novelty.

Generally speaking, a guy that sticks to routines and habits can be very dependable, but unexciting.

He may also have some wicked hidden insecurities that he's compensating for. He couldn't control other areas, so he seeks control and calm in what he can.



Read his Communication:

If he opts for electronic (email/text) could be a sign of shy social development. If he likes person-to-person, he needs that personal connection.

Watch his emotional cycles and how he manages them. Most guys run on "mellow" mode most of the time, with a sprinkling of "angry" and some "my sports team just won" joy.

See what his triggers are. Always watch out for guys with an emotional volatility that makes you feel like you're walking on eggshells. This will create anxiety in you, and a dysfunctional relationship at best.

Read his Fashion Taste: (in you)

HE probably has terrible fashion sense, so all you can do is help him buy good stuff after you're in the relationship.

Better is that you read his tastes in YOUR clothes.

If he likes you dolled up, he's probably into status and image.

If he's into laid back, he's probably looking for a low-maintenance woman.

If he's into sexy/sexual outfits - he might need the trophy factor, which means you're going to have to really hit the gym to keep his interest. He might also be into the immature "slut" fantasy of women.

When in doubt - ask him what he likes in women's clothes.



Read his Entertainment:

If he's into high-brow drama on television, that will tell you his craving. He's likely to be more social and extroverted.

If he's into police procedurals, like CSI - he's got a more black & white, engineer mindset.



Analytical, problem solver.

Adventure movies? Testosterone dude. (All guys need this to a degree.)

Rom-com lover? Sensitive. And you should keep an eye on this if it's too prominent.

Comedy lover? Appreciates the humor in life, and tends toward a more flexible viewpoint.



But MAY extend into more frustrating communication habits if he can't get serious.

BLOCKERS - These are signals that you might misinterpret. So you need to know some of the differences between HIS signals and yours.

Beware getting caught up in the emotion of the feeling in the moment. Recognize, strategize, overcome.

1. Men Ask, Women Hint
Men are socialized to make direct
requests, while women are socialized
to put others' needs above their own.

How does this play out in relationships? Women often expect men to read their minds and know what they want without actually telling them.

If women can ease into asking for what they want instead of leaving their guy to guess, they'll get much more of it with no mind-reading necessary.

2. For Women, It's In The Details When she says, "Do you remember that sweater I wore on our second date?"

He hears her say, "If you cared, you'd remember!"



Women have an amazing memory for details, and they're more sentimental than men.

Women should keep in mind that men don't remember details as well because of differences in how they process information, not because they don't care.

3. Problems: Listening Vs. Solving When a woman has a problem, a man offers solutions. Often, she's simply looking for understanding and validation.

And a woman tends to give men what she'd want: a shoulder to cry on, which is often the last thing he wants.

As a rule of thumb: men should offer women compassion first and then help, and women should offer men help first and then compassion.

4. Men Compartmentalize, Women think "big picture"
Women and men don't think the same way—maybe you've noticed.

Men compartmentalize, mentally and emotionally separating work, relationships, etc.



Women think "big picture," connecting all the aspects of their lives.

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For women, when he seamlessly switches gears from your serious conversation to the football game, it's not that he doesn't care about the conversation.

For men, it's good to remember that her brooding over things and bringing up the past doesn't mean she's trying to nag.

It's just the way her mind works - connecting one event to another.

5. She Says Too Much; He Says Too Little

When a woman feels stressed, she wants and needs to vent.

In fact, she often will verbally recall every single horrific detail about her job, her overwhelming schedule and her family.

She often uses dramatic words or phrases like
"He always...!",
"We never...!",
"How could you/she/they...!".

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When a woman reacts like this, it's best to remember that it's just like a valve on the pressure cooker.

However, when a man is feeling stressed, he often stops talking altogether for a period of time.



He just wants to chill out with the TV or computer or hang out alone in the garage/basement/man cave to forget his problems.

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A woman's natural instinct is to ask him probing questions to find out what she did wrong or why he doesn't want to spend time with her. Which is in direct conflict with my rule #7 - don't do it!

Now's not the time to feel rejected, but to give him the space he needs to relax on his own.

It's best to focus on things you can do to make yourself feel good in the meantime, so when he does ascend back into the light, you'll be feeling happy and excited to spend time with him

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6. Women Like Reminders
He thinks, "I'm committed to her, she knows I love her. I'm here, right?"
She thinks, "What has he done to show me he loves me today?"

Men don't understand that a woman's sense of security in the relationship is like a plate that is kept spinning. It needs attention and energy.

He thinks it's not necessary to reassure her that he loves her every hour, and he will assume that a gesture of love he gave you last month is still fresh in her mind today.

So while your simply BEING THERE is enough for him, you have to remind him that you don't work that way.



This is one of those things that you'll have to explain to him at least a hundred times.

The best thing to do is to explain it once, to the point of OVER explaining it - until you're really sure he gets it right at that moment.

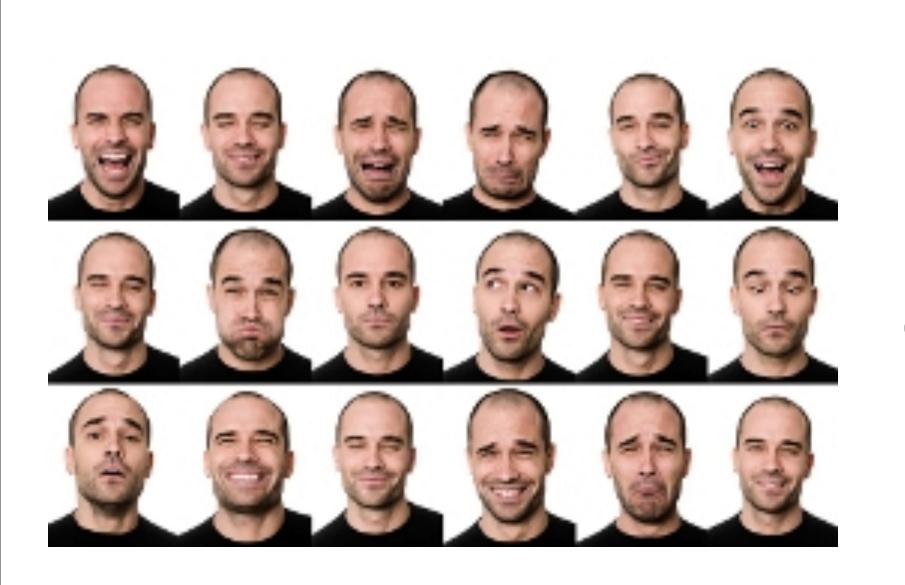
Now, he'll forget this reality of yours soon, so you then give it a pet name while it's still fresh in his mind.

This is an anchor. You might call it your "plate spin" - or your "love juice" or something that he can hear and go "Ohhhhh! Right!"

7. Men Are Emotional, Too Most women think men are not emotional.

The truth is that most men are very sensitive and have deep emotions; we are just not comfortable showing them. It's part of our masculine identity.

Don't fight this. Don't go on some crusade to change the inhumanity of it all.



Just accept that a man will NEVER show as many emotions as you will. And you wouldn't want him to!

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A woman should never assume that her man doesn't feel things like hurt or rejection. He feels way more than you know. But don't assume you know how he feels.

The best practice is to ASK HIM. But avoid overly direct emotive phrases that emasculate him or make him seem weak.

Like, "Did that hurt your feelings?" Instead try, "Did it bother you when that happened?"

8. Couch Night Can Be Date Night! He says, "I'm wiped out, let's just stay in and relax."



She thinks, "He'd rather stare at the TV than be with with me."

It's helpful for women to remember that sometimes their man just wants to BE there with them and relax

and they don't have to do anything or even interact a lot.

It's okay to JUST BE

A woman who is comfortable just BEING (and not always doing) is very attractive to her man.

Women sometimes forget that a relationship doesn't always require that plate to be spun.

10. I'm Independent, But I Still Need Your Help

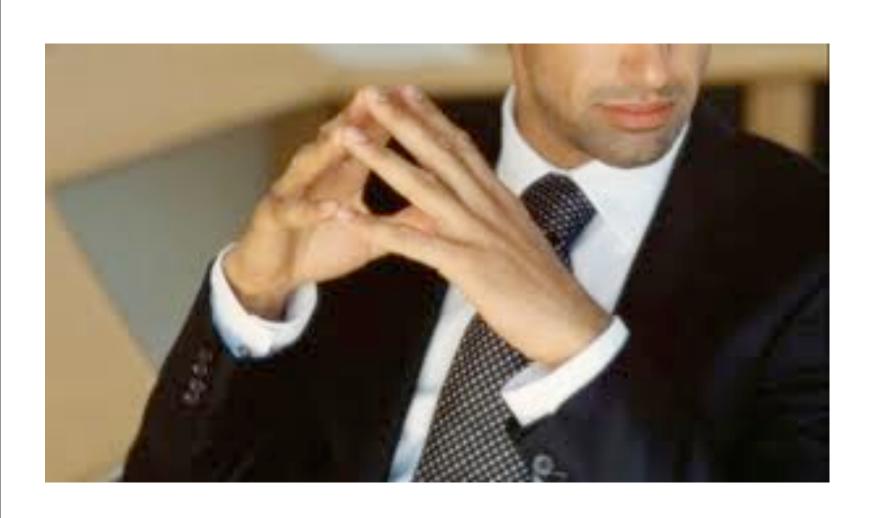
She says, "I can do it myself."
He hears, "She doesn't want my help."

This can be confusing but most guys will walk away a bit hurt by this situation. No matter how strong and capable you are...

and want to be seen - women still love to be "taken care of" by their men, in one way or another. Women are taking care of others all the time.

Tell him that you know you can do it yourself but that you love it when he does things for you so you can take it easy.

Men aren't trying to take away your sense of independence. He's trying to fulfill HIS need to feel useful.



20 Body
Language
Attraction Signals

Sign # 1: A guy who is interested in you may start touching, twirling or running his hands through his hair while smiling.

This could be a nervous tic, but it's still showing strong intrigue. Be careful for head-scratching, tugging or a frown while he's doing these hair-touching mannerisms, though.

Those are two signs that he may be frustrated, confused or bored.

Sign #2: Most often, when people get nervous, their mouths go dry and cause them to lick their lips to keep them hydrated. It's usually a nervous gesture.

Sign #3: A guy will usually unknowingly display his interest to a woman by directing his entire upper body (chest, head, shoulders) to his most important focus.

He does this to show you that he is interested in only you. He is subtly positioning himself...

so that others know his attention is directed at one person and he isn't open for anyone else to talk to jump into the conversation.

Sign #4.) You may find a guy is into you by looking to see if he is making consistent eye contact with you for long periods of time (typically more than 5 seconds)

What he's doing is trying to connect with you and show you that he is really intent on listening. He's also focused on trying to see more of your body language, too.

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Also watch for eye contact with no speaking. He's probably enchanted by you if this happens frequently in the conversation. Men literally lose the ability to speak when they're really attracted to a woman.

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Sign #5: When a guy is attracted and intrigued by a girl, he will frequently raise his eyebrows.

This is a tell-tale sign that he's interested in someone. Keep your eyes peeled, though, as this gesture is usually pretty quick and subtle.

Sign #6: Primal instincts will kick into gear with a man who is initially attracted.

Because of these involuntary instincts he will, most likely without knowing it, spread his feet slightly apart and direct his hips and pelvis towards his person of interest. It's a biological signal that he isn't usually aware of.

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Sign #7.) Hand gestures is a significant indicator to look for when chatting up a guy. If this guy is attracted to you, he will use his hands a lot.

Guys tend to use their hands to emphasize their conversation a ton more when they are talking to a girl they really like.

The reason they do this is to make sure you understand what they're saying - and they are trying very hard to hold your attention to them.

Often this gesturing is to fill in the gaps where he's trying to find words.

Sometimes, though, different people talk differently and not all guys will use large arm and hand gestures.

Sign #8: Watch where he is placing both of his hands at all times. It's more common that when a guy likes a girl, he will place his fingers through his belt loops or hook a finger on his waistband.



He may also place his hands on his lap or put them in his pockets. Think: James Dean pose. Trying to look cool.

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Why? Well, it's actually to draw attention to their pelvic area...But don't get the wrong idea. Some guys don't come to a quick realization that they're even doing this.

Once again, primal instinct sets in and forces their body to try to direct a woman's attention.

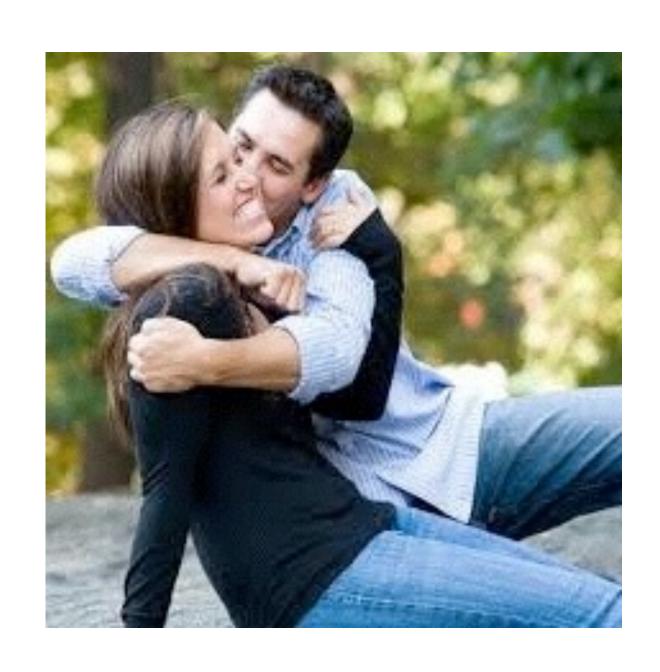
Sign #9: A guy who leans in while talking or listening to you is definitely interested in what you are doing and saying. Leaning in is a sign that a man wants to be as close to you as possible.

Sign #10: A man who touches you a lot is trying to break down boundaries between the two of you and wants to get as close to you as possible.

Frequent touching is not meant to be disrespectful. As guys, we see - we want - we touch. It's almost involuntary. This is also common with women.

Sign #11.) When a guy digs a girl he will always look at her first after saying or doing something funny or extraordinary.

The reason he looks at you and awaits your reaction is to see what you think before he looks to see what anyone else thinks.



That means your opinion is the most important one to him.

Sign #12: When men take up space: A man will put his hands on his hips to occupy as much space as possible to become more noticeable.

He may even start to rock back and forth on the soles of his feet as if he was making love in a standing position.

When it comes to male courtship signals, women often ask me, 'For men, is it always about sex?' Disappointingly for many women, the answer is 'yes'.

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Sign #13: Look to see if you can catch a guy mirroring your body language as you are talking. The more he repeats what you do with his own body...

the more he's intent on paying attention to everything about you-from your words to your body. This gesture shows you that he is falling into an unconscious state of rapport.

Sign #14: A man who is trying to impress a girl he likes will suddenly stand up taller when she enters the room or area.

He will try to make himself appear stronger, more protective and more masculine by doing this.

Sign #15: Guys often touch or stroke their face when they are really listening to you. They're taking what you're saying and trying to remember it thoroughly.

If you find a guy that is stroking his chin (or beard), cheeks or nose, then he is more than likely into you. He's focusing his attention.

Sign #16: When a guy stretches his hands, especially an upward palm, towards you, it is his way of signaling to you that he wants to get closer to you and for you to get closer to him.

Open palms is an "I'm not threatening" gesture. As if he's putting them out there in a form of asking permission to break personal space.



Sign #17: He pulls up his shoulders, holds his arms wider and pushes his chest out

A guy will instantly want to look his strongest when he wants to impress a woman that he likes.

This will involuntarily make him pull up his shoulders, suck in his stomach, push his chest out and hold his arms out as if he were a bodybuilder with a massive frame.

This is a common body language sign of attraction in men who have a strong sense of ego and pride in their bodies and physical appearance. They want to use their body as an asset to show their masculinity and strength..

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Sign #18: You can judge your first impression on a guy by the fluctuating pitch of his voice. A sudden increase in the volume of his voice and crispness in his words is a sign that he wants to get your attention.

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It is in an extrovert guy's personality to carry a loud and affirmative voice when he wants to impress a girl by making his presence known.

Sign #19: An extrovert guy who does not hold back showing his feelings will give out a sign of disgust when he spots you talking to another man.

Consider the classic example of a guy talking to you in a party. He will frown or grimace if another guy approaches and has a conversation with you.

This will be evident because if he is really attracted to you, he will want to have your complete attention.

Sign #20: When men have protruding thumbs: Thumbs are prominent in many hand gestures, as they represent strength of character and the ego.

"A man will use protruding thumbs, in front or back pockets, around women to whom he is attracted," says Allan.



The Reality of Men And Their Signals:

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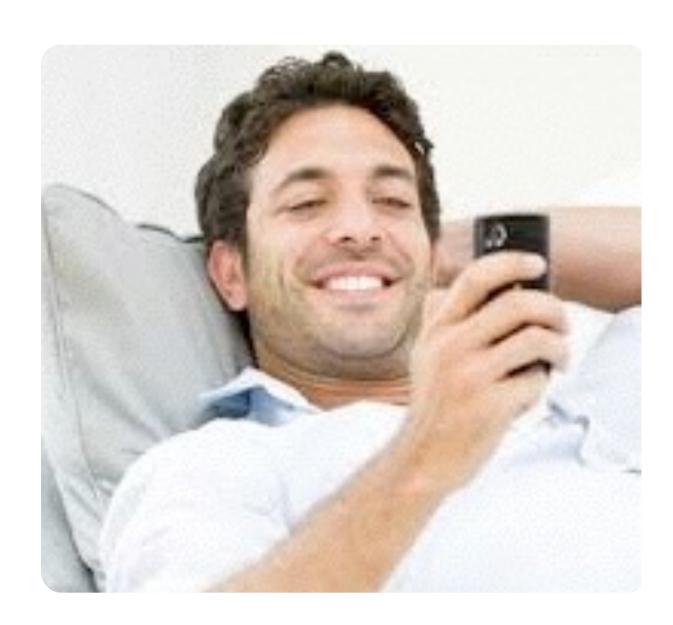
1. If he doesn't ask you out, he's just not that into you. If a man is excited about a woman, he can't stop himselfhe wants more.

If he's attracted to her, he's going to want to take it further. If he's not making a move, it's not because he is 'scared'. The only thing he's scared of is how NOT attracted to you he actually is.

2. He's just not that into you if he's not calling you. He says he didn't have a moment in his busy day to call. Bullsh*t!

The real reason is that you are not on his mind. If a man leads you to expect he will call and then doesn't follow through on it (repeatedly), he will never follow through on big things when they come along.

Be aware that he is okay with the idea of disappointing you. THINK about that.



3. He communicates only via TEXT and email.

By doing so, he avoids the "getting to know you" conversations. He really isn't interested in moving things forward.

He wants the down and dirty. When can he see you? If you have already had sex, his TEXT is to set up his next booty call.

He usually steers the conversation towards telling you how sexy you are and how he can't wait to see you again. DUH!



4. He warns you that he isn't relationship material.

Men usually say what they mean. He is telling you that he is not relationship material - at least with you - believe him. You might be the exception to the rule, but more than likely, you are not.

He is probably going to have sex with you and dump you when things get too complicated (i.e., you want more from him).

If that's all you want, fine. But we both know that eventually that WILL change.

5. He puts almost no planning into your date. He tells you that he wants to hang out and watch a movie or something.

"Something" means having sex, by the way. If you always go to the same restaurant, because it is his favorite well, he isn't trying to please you.

More than likely, he goes to different restaurants with different women. A guy that is really into you will plan a date and put some romance in it. Even if the date doesn't cost him a dime, he will plan. Why?



Because when a man really likes you, he wants to impress you. Really work on burning that into your brain.

6. He makes lots of empty promises. He keeps talking as if you have a future, but he takes little or no action to make it happen.

He talks about having a future together or all the fun things you will do soon, but he doesn't even plan a date.

7. He makes last minute plans to see you. You're just so glad he calls that you don't realize that that he is definitely not that into you or he thinks that you have no life and would be readily available at his beck and call.

Either way, if you accept his offer (which you will if you let desperation and the spirit of the moment blind you), you aren't scoring any points.



You were probably one of the women in his "little black book" and not his first call.

8. He avoids the "getting-to-know you" conversations.

He really doesn't want to get to know you better. He may be focused only on the sex. If he really wants to get to know you better, he is asking questions about you, your life and what you want.

The reality is this: Men *start out* wanting sex, but if we're up for more, we will go along with your desire to wait.

If he sticks around, he's a guy you can totally hook into falling for you. If he doesn't, he would NEVER have been reliable.

9. You initiate and he doesn't follow through. If you're really into a guy and you think he may be shy, try initiating a conversation, phone call or texting session.

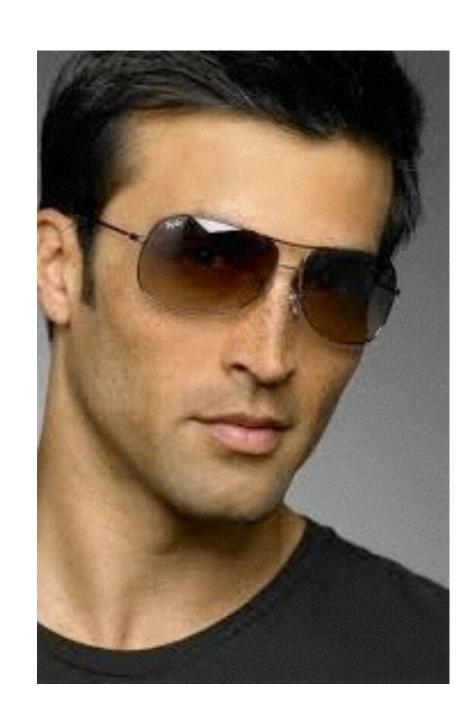
If you start the conversation, he'll want to continue it. However, if he doesn't return your calls or texts or tries to end the conversation quickly, he's probably not that interested in you.



10. He's just not that into you if he doesn't want to marry you. EVENTUALLY

Every man you have dated who says he doesn't want to get married or doesn't believe in marriage, or has 'issues' with marriage, will get married someday. It just won't be with you.

I can show you how to turn that situation around into him getting down on his knees and begging you to be his boyfriend - or husband. I'll come back to that in a few minutes.



10 Crystal Clear signals that he's leading you on

I'm focusing on these, because when the signal is there and you ignore it, you don't stand a chance.

But if you spot it and know what to do, you'll immediately know how to handle him and turn him into a puppy dying to be near you every waking minute.

1) He texts you to come over for sex, but won't be seen with you in public.

2) He flirts with you but then takes another girl out or gets back with his ex- girlfriend.



OR - He still flirts with other women

Flirting can be a bit of a grey area in relationships. Some women think it's okay to flirt as long as it goes no further, while others consider it a form of cheating.

Whichever side of the argument you fall on, if he is flirting with other women often, it is disrespectful particularly when the relationship is very new and you are already unsure where you stand.

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You should NEVER let a man trigger feelings of insecurity - if he does, it means one of two things:

He's not for you.

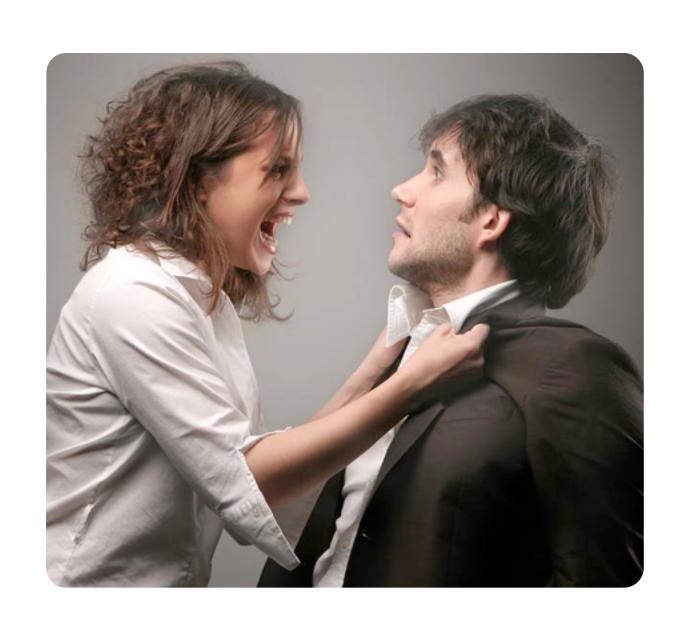
OR

Your insecurities might be an issue.

(Or a little of both.)

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3) He asks for your number but never calls you. (This doesn't necessarily mean he's leading you on, but he got distracted enough not to act on it.)



OR He never calls when he says he will

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Men aren't renowned for sticking to their promises where phone calls are concerned, however if he is really interested, he will make the effort.

The occasional late or forgotten call is certainly forgivable, but if it happens on a regular basis it is a strong sign that he is leading you on.

Be particularly cautious if he only calls when he wants sex as that may well be all he ever wants from you.

4) He says he wants to hang out but never asks you out or goes through with it.

5) One minute he can't take his eyes off of you and the next minute he is flirting with some other girl.

6) When you are alone his attention is on you but when another girl is hanging all over him he acts like you are a total stranger. (Attention whore)

7) He says he will always be there for you but when you need him most he disappears. (Bad integrity.)



8) He doesn't want you to meet his friends

If a guy refuses to let you meet his friends even though he has met yours, it is a good sign that he isn't nearly as committed to you as you might hope.

Even if he is charming and says all the right things, when he keeps you away from his friends he is subtly indicating that he doesn't plan to get serious with you.

9) He disappears for long periods of time before getting in touch

A man who takes you on a fantastic date, then vanishes for a few weeks then comes back as if he was never gone is definitely showing signs that he is leading you on.

There are reasonable explanations for absences sometimes so don't be too quick to dump him.

But if it happens after every date, you should reconsider whether or not you want to see him again.

Perhaps he is married, dating other women or simply using you for a good time whenever he feels like it.

Whatever the reason, if his disappearances continue, you need to see that as a clear signal.



10) Your friends TELL YOU he is leading you on

Listening to your friends isn't *always* the right thing to do (you want their insight, but not their commands.

Remember - the best advice comes from the friends who put it out there without being bossy or judgmental.)

Most of the time they only have your best interests at heart. If they think he is leading you on, they are probably right.

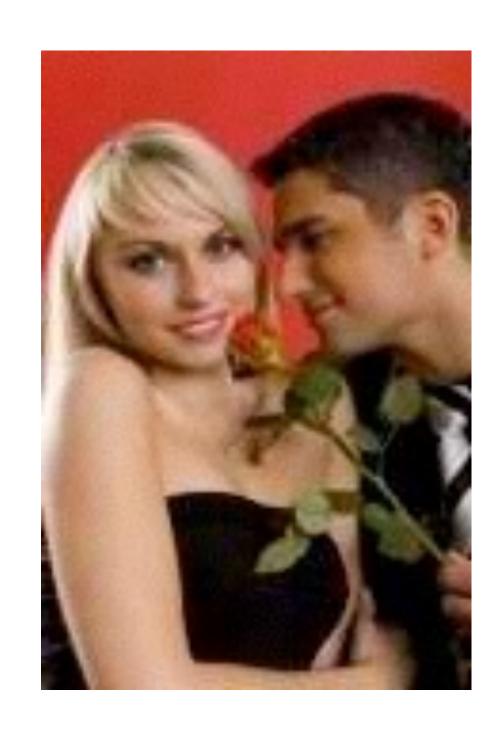
It is easier to view a relationship from the outside than the inside. There is a good chance they are seeing something that you can't.

Even more important than all of these signs he could be leading you on are your own feelings. Deep down, you will know whether or not he is the real thing or just looking for a bit of fun.

If you think he is not taking you seriously enough, perhaps it is better to let him go before you become too attached.

Leading you on implies INTENT - and most guys simply don't have it.

Most of the time, it's only leading you on because you FEEL betrayed by his disinterest.



Bottom Line: If he's not BEHAVING interested - he ISN'T interested.

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Trust actions - not words or wishful thinking on your part.

IS HE INTO YOU?

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7 (More) Signs He's NOT...So that you can make the break you need to make

1. He's not trying to see you.

If there is one thing guys make clear, it's that if they want to see you, they'll find a way.

If you find yourself doing most of the inviting and planning, maybe you should take a step back and figure out WHY.

It could just be that he's lazy and likes the fact that you're doing all the work, but if you're in the beginning of a relationship, it most likely means he's not that into you.

Quit doing all the work making plans and see what happens.

2. You are doing everything for him without getting much in return.

If you do one or more of these things (note: they get progressively worse) every time you hang out...

You may not be his dream girl — you may just be a replacement for his mother.

Cook him stuff

Drive him places



Do his laundry

Pay for stuff

Sure, nice gestures like making him dinner are absolutely something you should do if you like him a lot...

... but if he's not offering to do the dishes, it's time to move on.

Every relationship requires effort from both people.

3. He only wants to see you for "booty time."

This is pretty simple. If after one or two legitimate dates your subsequent relationship

has consisted of calls, texts (sexts) and him sleeping over, you might want to question his intentions.

Again, if a guy likes you he will want to learn more about you, as well as get down and funky in the sack.

4. You (STILL) haven't been introduced to his friends.
No, it's not that he wants to keep you all to himself. Be honest with yourself:



When he likes you, he's going to want to show you off and see what his friends think about you.

By introducing you to his friends, who are presumably a big part of his life, it shows that he wants to include you in all aspects of his life.

5. He talks about his ex ... a lot. This does not necessarily mean he could never be into you, but for now, he's hung up on her.

There is a mental block in the form of his heartless ex that is getting in the way of you becoming the next leading lady in his life.

And while you like him and want to be there for him, don't be tricked into thinking he's madly in love with you when he broke up with someone else fewer than three months ago.

He HAS to get over her - and he won't do that with a rebound.

You want a guy who is looking forward to his future with you, not someone who is still stuck in his pathetic past.

6. He doesn't remember important things about you.

This is a big one. If he really is into you, he'll make sure to remember the details.

And I'm not talking your birthday; that's a no-brainer. Little things, like maybe you have a big presentation at work...

and he wishes you luck, or he tries listening to your favorite band after you've mentioned you like the music.



Small gestures like these indicate he really values you and wants you to feel special.

7. You're going out for burritos every night. Wait, who doesn't love some disgusting McDonald's every once in a while? (Key phrase: "Every once in a while.")

While casual dinners are great, he should be putting in a little more effort to impress you at the beginning stages of a relationship.

Early on, you want to see EFFORT. And that doesn't mean he has to spend a lot of money on you, either.

So WHY would he do this?

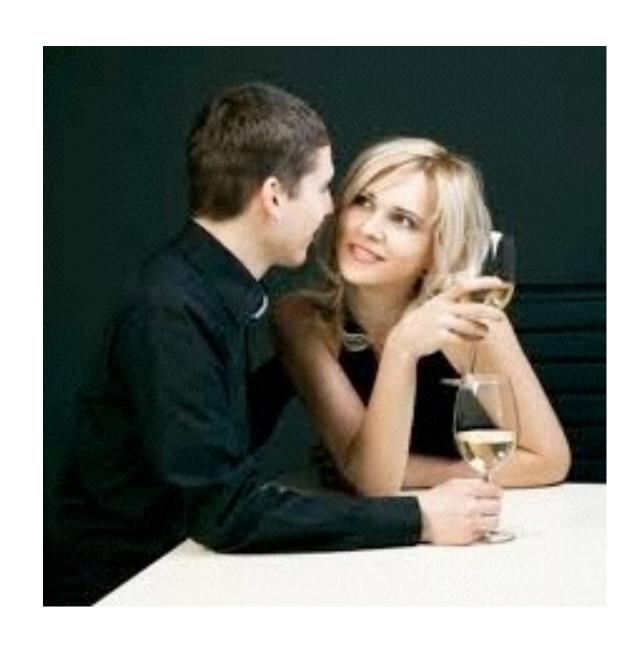


8 Reasons Guys Lead Women On

He's Too Nice

Thankfully, it is natural for people to be nice. He just might not have the stones to say the hard stuff.

Which is actually even more reason for you to move on, as you couldn't count on him to do the Right Thing in the relationship.



He Likes The Attention

Hey, what's not to like about someone constantly stroking your ego - even if you're not that into them?

It's nice to have someone around to make you feel desirable when your self esteem is in the crapper. He might just be in need of some attention.

He's Confused

He could be confused about anything: "I want a girlfriend, no I don't," "I can't get over my ex," "I don't want to wreck the friendship," etc.

They aren't on solid ground so they keep you close, but not *too* close. Just enough to stabilize their insecurities and fears of being alone.



He's Playing the Field

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...and probably leading many people on at the same time. Not to be confused with being a "player." Most guys aren't players, and don't know how to be.

He's Taken

Guys (and girls) flirt while they are in relationships because they think it means nothing. But to the single woman pursuing him it has much more importance and meaning.

And if the person is in a relationship but not particularly happy (and possibly doesn't have the balls to end it) he will go even further with you, with no intention of breaking up with their present girlfriend.

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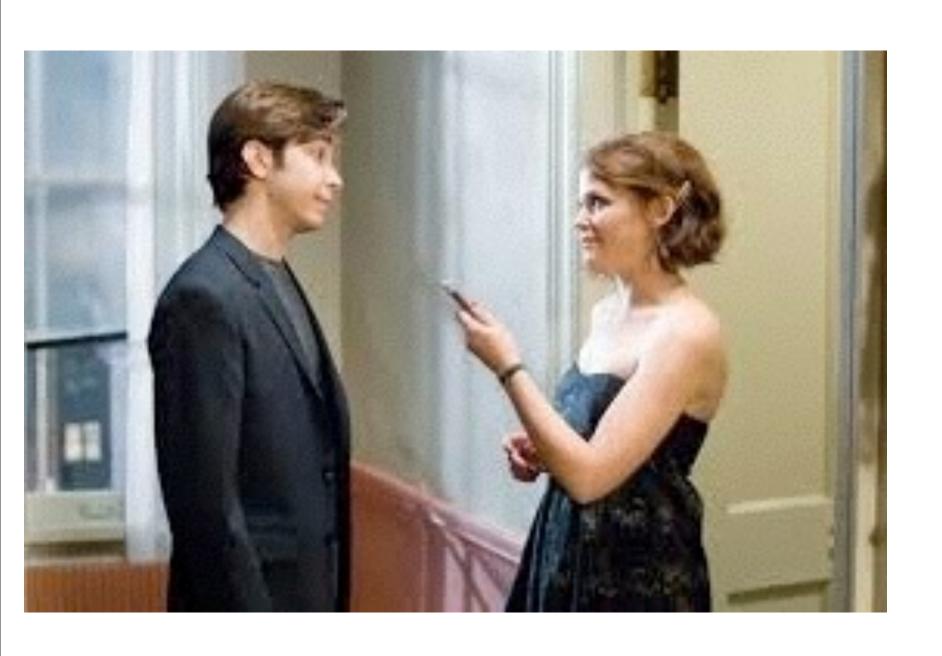
If he's with someone, don't get involved until he dumps her. You don't want to be rebound girl.

He's Crazy

This is one of the few times he might lead you on purposefully. Don't worry though - if you're mixed up with a mental guy, getting led on

and let go - might be the best thing that could happen. If you see that he's a nut, leave.

Nuts are the worst because their irrational behavior will be hot and cold, always leaving you guessing, and you'll be hooked on thinking you can figure them out.



He Doesn't
Think He's
Leading
You On

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Sometimes people are disconnected when it comes to the perception of a relationship. Usually, it ends when one person expresses feelings and the other person says: "But I thought we were just friends."

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If someone thinks you're "just friends," they won't think their actions are giving you false hope, whether it's getting together to hang out every weekend or even if you jump in the same bed to sleep.

He's not trying to be a dick - even if he's succeeding. He's just self-deluding, or oblivious. Set him straight.

He Wants Sex (Guys Are Most Guilty of This)

Some guys will do anything for sex: Acting like he's more serious than he is, saying he has deep feelings for you, you're the only one, etc.

They do this because most men feel NO power to get sex from women. It's true. We mostly feel like we're in a battle to the death to get what little precious sex there is in the world.

Most guys will never learn how to man up and attract a women correctly, so they manipulate to get sex.

It's sad, but it's a case where his overwhelming biological desire (it is for men!) will make him do just about anything.

This is why some guys turn into real perverts. Not because they're evil - but because shame and society corners them into dark behaviors.

This is why some guys turn into real perverts. Not because they're evil - but because shame and society corners them into dark behaviors.

Does He Really Love You?

One of the most common questions I get is "Does He Love Me?"

And unfortunately, the women that ask this question are often pushing the men away in their life that they want.

You see, men's common complaint is that even when he tells a woman that he wants her, adores her, and loves her, she often behaves in a way that says: "I don't believe you."

This is devastating to a man's ego, his self-esteem, and his masculinity.

You see, men have a primal and natural need to make a woman happy - and when he feels love for her, he wants to feel that it's accepted to tell her.

Yet so few women understand that their need for a "sign" or "proof" is actually killing that for him.

This creates an anxiety that men feel as a kind of "repulsion" - and it conditions him to want to move away from the woman that makes him feel this way. Eventually, the relationship will dissolve altogether.

Another common trap is that women often put all their self-esteem into the Relationship. They simply don't love themselves first.

When this happens, it's way too much pressure on a man - and again, he will run.

Keep in mind that you have to feel good about your life **FIRST** before you start trying to read him - otherwise you'll just read into him what you WANT to see.

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You can't trust your perception when you're looking at him through the lenses of your own desire - or even your need.

It would be cliche for me to say "Men are different than women" but really that's what we often lose sight of when communicating in the first place.

So here are a few simple steps to determine whether or not he really does love you. You may find yourself saying, "Whoah, these are really simple... they just can't be this easy."

YES. Men - and their signals - are that easy! Don't confuse the simplicity with which most men communicate with your own need to interpret and validate that love.

Keep in mind that we're starting from "maybe" and we're trying to figure out if the detector's needle is shifting to "yes" or "not really" to figure out if he loves you.

1. Does he focus on you? Are you a priority to him?

If so, that's a big boost towards the YES side.

Men only give up their time and energy to women that they consider their sweetheart and love. You might not be THE only priority, though, and this confuses women.

Some women want him to make her his one and only obsessive focus - and this is not only unrealistic, but self-sabotaging.

If you take a look at how many women define the kind of proof they need that a man loves them, you might be startled by how extreme it appears in the light of day.

2. Does he say he loves you?

And he may not even say the "L" word, maybe just giving you verbal appreciation of some kind. "Honey, you're the best" translated from manspeak is "I love you."

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"You're so special to me" translated is "I love you."

All those things mean the same thing, and you might be hung up looking for the L word when he's already saying it in the way that is most comfortable to him.

Men are naturally uncomfortable expressing feelings, so you sometimes have to read between the lines.

If he's saying anything like this to you, he probably loves you.

3. Does he focus on *your* experience in bed?

This is one that a lot of women miss that is HUGE.

Remember that men are driven to please women. If we love a woman, we make it a top priority to please her in bed.

Yes, it validates our own masculinity, but it also shows that he's putting you as a priority in his life - and that fits in with question #1.

If he's present and focused on you when you're having sex, that's a big plus. If he's talking to you, making eye contact, and doing what he can to give you pleasure, that's all good.

4. Do you like how he treats you?

Is it with respect and positive energy, or is it negative and insulting? You shouldn't have to think very long and hard on this one.

If it's a net positive, you'll feel it and be able to say right away if he makes you feel good about yourself.

If you feel a twinge of anxiety when you think about it, maybe not so much.

Ask your friends and family, too. If they agree and like how he treats you, that's a big positive push towards "he loves you."

(And if your friends and family don't know about him yet, and it's not going to happen anytime soon - that could be a warning sign.)

REMEMBER: The people outside your relationship will have a lot more perspective than we ever want to admit.

Most women feel that their issues are very unique and special and no one else would really "understand him" or "the relationship."

That's usually a really big indication that it's not as good as you might think.

5. Does he desire you physically?

When he looks at you, is it with a certain amount of lust and desire?

Yeah, I know it's another cliche that women don't want to be objectified or treated as sex objects, but one thing most women don't realize is that love with men starts with a certain amount of lust and viewing you as a "sex object."

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Eventually that should make way for real connection, but when a man finds you appealing visually - checking you out, eyeing you - this is a big indication of other feelings. (It's not only sex he's thinking about!)

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Those are what I consider to be the five BIG questions that tell you if he really loves you or not.

You might not have all five, but if you have a few, chances are good that you can still turn him around into a man who will adore you and really want you for the long-term.

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Now, you're probably feeling one of three things:

1) You feel relieved. He does feel for you - even if it's not as much as you might like.

2) You feel a little unhappy. Maybe the relationship you have is not as close as you want, and you don't have the love from him that you really need.

3) You might feel a bit broken-hearted or devastated.

You might have found out he really doesn't love you the way you need and deserve to be loved, that he might have used you.

Or maybe he's lying to you, that he's not the man you want him to be and doesn't feel for you the way you need him to feel.

Stay with me, because I want to show you how to open up his heart for you - so that you can get the kind of love and desire you want - and deserve.

Right now I want to share -



THE LAST WORD

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When someone's genuinely interested in you, they *consistently* demonstrate their interest and leave you no room for doubt about it.

They and the relationship are not ambiguous or uncertain. They're not afraid to make plans and follow through on them

and more importantly, they treat you with care, trust, respect, and eventually *love* - consistently.

They don't burn up their energies resisting you (remember, people are inherently lazy. If he's expending energy to NOT see you or NOT be with you, that's a HUGE signal.)

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And *you* don't burn up your time and energy making excuses for them and creating meaning where **there is no meaning**.

When a guy is not interested, it doesn't mean that he won't stick around for the fringe benefits

especially if it becomes obvious that you will be there for him - regardless of what a real jerk he is.

From now on, you will ask yourself ONE question:

"Am I acting out of confidence or insecurity? Is what I'm saying coming from a good, happy, positive place of belief about me and my value?

Or is it coming from a nervous, anxious, passive aggressive, freak-out place?"

If you can inject this in between your stimulus-response, and condition yourself to pause here, you'll be able to get any man you want.

When you're focused on the fact that this guy has been sending you mixed signals, then you're probably feeling compelled to act cool and slightly detached.

You're playing games. Testing the waters. Protecting your pride. But while that may be fine for safeguarding your ego.

Tease, joke, and be enthusiastic in the face of his mixed signals - because anything else will scare him off.

Act as if you knew that he wanted to see you, and you had other options.

Light, with confidence.



WHAT IS THE ULTIMATE SOLUTION?

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The best way to read him is to WRITE him! I don't mean write him a letter.

I simply mean that you need to stop passively interpreting him, and instead get him to start showing you the signals you need to see.

In other words, more important than reading his actions is to move him in the direction to think what you WANT him to think.



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Feel the feelings for you that you know are there.

Now what I discovered was that there are thousands and thousands of women who have a man in their life that they would like to make fall in love in with them

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What you've just learned is a secret that most women don't know and most men could never explain to you.

Most women want a simple step-bystep roadmap to make a man feel that UNCONTROLLABLE and irresistible desire for her... And if you don't keep his momentum moving in the right direction - towards YOU - he could slip away from you...

The fact is that whether he's been distant - or you just don't know if he's in love with you - or if you just want to know where you stand...

EVERY man has a primal need in him to connect with a woman. He WANTS to be close to you...

You see, men are watching for a special set of signals that tell him you're **THAT** woman - the one he can fall for and commit his heart to...

But most women - *unknowingly and accidentally* - send out the wrong signals to him...

That usually end up making him misunderstand what you want, and send him running away...



Most women don't realize that he's actually just **STUCK** - and he needs your help to get moving in the right direction with you and your relationship again...

And if you don't jump in quickly with the right things to say, he could be tempted by other women for that connection - a connection he really wants with **you**

The only way to stop this from happening is to know what signal he's looking for so that you can stop him from pulling away, get him to open up to you, and commit himself to you completely

I want to show you a secret signal that men are looking for

It's the key to getting a man to fall head over heels in love with you This **Secret Signal** is what you need to know to break through and get him to open up and commit

I want to reveal a new breakthrough in psychology that reveals the real reason why his heart is closed to you and why he resists committing to you...

Why it's not your fault, and how you can unlock his heart, unleash his passion for you, and create lasting love...

Without playing games - And even if your man is pulling away, and hasn't taken you on a proper date in a year...

Imagine him wanting you so badly that he starts chasing you like a man possessed - and desperately wants to hold you, touch you, feel you, get close to you once again...

Imagine how green with envy other women will be when they're eaten up with jealousy as they watch you effortlessly make any man go out of his way to do wonderful things for you

His only desire: to make you happy

Imagine how relieved you will feel when the same guy who might have ignored you - or even dumped you for another woman tells you how irresistible, beautiful and sexy you are

Don't let him slip away...

Go grab my simple step-by-step roadmap to make a man feel that UNCONTROLLABLE and irresistible desire...



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to discover the secrets of making nearly any man **beg** to be with you

waking up his romantic devotion for you, so that he sees you as the ONLY woman he ever needs...

Don't wait, because this video will only be available for a limited time:



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